

# Clubhouse Update

## Clubhouse OPEN Wed to Sunday

Club Office hours: Wed to Fri | 9am - 3pm

Weekends : 9am - 2pm

031 030 0190

Dear Members,

You'll notice that this week's newsletter looks a little different. We've made some design changes & structured the weekly updates in such a way that is easier to navigate. Let us know what you think.

Last week Saturday, DSBC hosted the annual Commodore's lunch. This is a time where the DSBC Life, Honorary and Retired members get together and enjoy catching up.

With the approach of the festive season, take note of upcoming events at the club and make sure you've marked your diaries. On that note, please remember that the secured parking at the club is reserved for members only. If you have friends joining you, they will need to make use of the public parking on the road side or the open parking space on the grass that is made available on weekends. Please note that double swiping of cards to access the boom for non-members is not allowed.

A friendly reminder that the club is strictly a no smoking zone. This is applicable to all forms of smoking, including e-cigarettes & vapes. Kindly make use of the designated smoking areas outside.

See you at the club!

Grant Wessels  
General Manager



# Dates to Diarize

Dates to make note of this month. Mark your diary so that you don't miss the action.

- **8th** Wine Tasting
- **9th** Boat Inspection Talk
- **11th** Reef & Beach Clean Up
- **12th** Live Music with Joel Johnson
- **15th** Quiz Night
- **23rd - 26th** DUC Sodwana Trip
- **25th** - DUCS League Swim



## Club Watersport Sections

As a member of DUC or DSBC, you are spoilt for choice on various watersports that are available to you. In the following sections, we'll highlight any special events for these watersports.

- Boating
- Environmental
- Fishing Ski
- Freediving
- Lifesaving
- Open Water Swimming
- Scuba Diving
- Spearfishing
- Stand Up Paddle
- Surf Ski
- Underwater Hockey
- Water Polo



# Social Activities



**THE POINT WATER SPORTS CLUB**

## Wine TASTING

Please join us for our last wine evening for the year - and we are going BIG - with 50 wines from 10 different estates, you do not want to miss it!

**WEDNESDAY 8 NOVEMBER 2023**

**18H00-21H00** Point Watersports Club Bar II

Booking is essential  
 Tickets are R220 per person - includes unlimited tasting and curated canapes.

THELEMA SKONE    DAVID ENGLISH    GLENELLY

Join us for the last Wine Tasting for 2023. Bookings online or by credit card at the Club Office only. **Limited to 100pax** so book early to avoid disappointment! Online Bookings here: <https://bit.ly/3LVoKYd>

Quiz Night is back! See you at Bar I



## QUIZ Night

Do you have what it takes to be the ultimate quiz champion?

**WEDNESDAY 15TH NOV 2023**  
 BAR I PWSC 7 - 9PM

ANSWER VARIOUS QUESTIONS    ENJOY FOOD AND DRINKS



**START 1 PM - 4 PM**

# SUNDAY

**12TH NOV**

**NOEL JOHNSON**

**THE POINT WATER SPORTS CLUB**



# Boating

Join us at Bar II for all things Boat Inspection!  
Everything you need to know to sail through your next boat inspection!



**Boat Inspection Talk**  
**9th November**  
**Bar 2**  
**5:30 for 6pm**  
 All you need to know to sail through your boat inspection.

**DURBAN**  
**SKI BOAT CLUB**

# Environmental

**Reef & Beach Clean Up**  
 Remember your snorkel gear



**Critter of the day:**  
Jellyfish



**Litter of the day:**  
Nurdles

**11th November @ 7:30**  
**Vetchies Beach, meet at DUC**





Save the date for our next reef and beach cleanup - 11th November!

Whilst cleaning up you will learn about Jellyfish and why nurdles are so bad for the environment.

Remember your own snorkel gear and hope to see you all there!



# Freediving

**HURRICANE SQUAD**  
6 WEEK SUMMER CHALLENGE  
3 NOV to 12 DEC

Join us for a deep-end fitness focused 6 week programme!  
Get in shape for the summer season!



Tuesday & Friday | 06H00 - 07H00  
Kings Park Pool  
Cost: R125 (12 sessions)



For more info and bookings  
(082 874 1706) | info@sahscope.co.za

The Hurricane Squad is currently running a fitness program to improve breath hold & Co2 tolerance for freediving. Drop in sessions R100  
Contact Angie for more info 082 874 1706

Introduction to Freediving  
**Workshop .01**

**WHAT'S INCLUDED**

- Basic theory
- Guided stretching
- Relaxation techniques
- Pool entry fee
- PDF Workshop Guide

**BENEFITS**

- Improved breathing patterns
- Reduced stress & anxiety
- Increased relaxation
- Improved mood, focus & self-belief
- Improved skills for Ocean Experience

**WHAT TO BRING**

- Costume, towel, sunblock
- Notebook & pen
- Snorkel gear\*
- Bottle of water
- Good Vibes!

\*Gear can be rented via the DUC club. You will need a mask, snorkel & fins (weight belt optional)



**SALT**  
ESCAPE

If you're curious to find out more about freediving, the next workshop will take place on the 9th of December.

# Open Water Swimming

The DUCS team will be joining the Tri-athletes and having some racing fun. Save the date for the 2nd of December. Contact Steve Evans for more info 082 855 5516

**SWIM**  
02 DEC  
2023

CHOOSE YOUR DISTANCE

**1 KM** | **2 KM** | **3 KM**

## SWIM

We plan to host the swim event down at the Durban Undersea Club (DUC). A nice swim venue - as safe and as "easy" as it gets in Durban. The swim will start at 6am on Saturday the 2<sup>nd</sup> DECEMBER and will offer 3 distances to choose from

**1km - 2km & 3km**



# Scuba Diving

DUC Sodwana Dive Trip. DUC makes use of CORAL DIVERS for accommodation and AMORAY for the dives. This gives our members the benefit and convenience of staying inside the reserve ( no need to self-drive to the beach and park) AND unlimited / unrestricted dives!



## DUC SCUBA DIVING COURSES

**OPEN WATER:** R6000 DUC MEMBER  
R6650 NON MEMBER

**ADVANCED:** R6750 DUC MEMBER  
R7250 NON MEMBER

**REFRESHER:** R750 DUC MEMBER  
R1000 NON MEMBER

**NITROX:** R1000 DUC MEMBER & NON MEMBER

**LIMITED SPACE AVAILABLE**

**INFO & BOOKINGS: SARAH 0728010606**








## DUC Sodwana Dive Trip

### 23 - 26 November '23

The annual DUC dive trip to Sodwana is a mix of fun, great diving and relaxing. DUC has booked 2 x boats with AMORAY so as a club we get to dive where we want and at the pace we want.

Staying at CORAL DIVERS, you have the benefit of being inside the park and catching the bubble bus to the beach – no driving and carrying gear from the parking lot. CORAL DIVERS has awesome accommodation, a pool, a bar, braai area, fridges for each guest and a restaurant.

**R3 392 PER PERSON**

**BOOK NOW**

**WHAT'S INCLUDED:**

- 5 x Dives to 2 Mile Reef
- 3 x Nights Accommodation in Standard Cabin that has outside toilet and shower.
- Air fills  3 x Park fees

To book contact Simone at Coral Divers on: [bookings@coraldivers.co.za](mailto:bookings@coraldivers.co.za) or call 033 345 6531, or call Bryan Hart 082 8099 188 for further details.

# Water Polo

DUC Water Polo now have three teams participating in the KZN Water Polo League. Games are played at the Northwood school pool on Thursday nights.

If you are interested or want to support your team, come watch!





FOOD & BEVERAGE

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# Kitchen Specials Menu

## ALL WEEK

Ribs n' Wings	R150
Big Daddy Breakfast	R95
Fish Stix	R86
Grilled Chicken, Avo, Pineapple & Prawn Salad	R98
PWSC Signature Pizza	R98
Smoked Salmon Pasta	R100

## VEGETARIAN OPTIONS

Basil Pesto Pasta	R85
Vegetable Stir Fry	R70

## WEDNESDAY 08 NOV

Pulled Pork Quesadilla	R95
Tender Beef Curry	R110
Spicy Prawn Curry	R110

## THURSDAY 09 NOV

Roasted Pork Roll	R100
Roasted Jerk Chicken	R90

## FRIDAY 10 NOV

Fisherman's Eisbein	R98
Roasted Beef Topside	R100

## SUNDAY 11 NOV

PWSC Sunday Pork Belly	R120
Roast Chicken Ballantine	R100
Chocolate Bread & Butter Pudding	R45

