

POINT WATERSPORTS CLUB

CLUBHOUSE UPDATE

FROM THE GM'S DESK

Dear Members,

As we begin to feel the shift into the cooler months, we are reminded that this time of year in Durban still offers plenty of beautiful beach days. Crisp mornings and mild afternoons make for some of the most enjoyable conditions at the club.

Please note that our **Winter Specials Menu** will be available from Friday 08 May, and the Summer Menu will no longer be on offer from this date. We look forward to introducing a new selection of seasonal favourites for you to enjoy.

A reminder that **Bingo Night** is on Thursday evening, always a fun and well supported event, so be sure to join in.

Looking ahead, don't forget to secure your tickets for our upcoming **Wine Tasting Evening** on the 20th of May. It promises to be another great social evening at the club.

This weekend's entertainment:

- **Friday:** Christine 17h30 to 20h30
- **Saturday:** Tony D 13h00 to 16h00
- **Sunday:** Rene 13h00 to 16h00

We look forward to seeing you at the club.

Warm regards,
Grant Wessels
General Manager

ENTERTAINMENT LINE UP

CHRISTINE BLACK
FRIDAY 8 MAY
17H30 - 20H30

TONY D
SATURDAY 9 MAY
13H00 - 16H00

RENE
SUNDAY 10 MAY
13H00 - 16H00

DATES TO NOTE

BINGO NIGHT
7 MAY

REEF & BEACH CLEAN
16 MAY

WINE DINNER
20 MAY

LEAGUE SWIM
30 MAY

CLUBHOUSE TRADING HOURS

031 030 0190 | general@pwsc.co.za

Club Office Hours Wed to Fri | 9am to 3pm - Weekends & Public Holidays | 9am to 2pm

Bar Hours: Wed to Sat | 8am to 9pm
Sun & Public Holidays | 8am to 7pm

Kitchen Hours: Wed to Fri | 8am to 8pm
Saturday | 7am to 8pm
Sun & Public Holidays | 7am to 5pm

Coffee Bar: Wed to Sat | 6:30am to 8:30pm
Sun & Public Holidays | 6:30am to 5:30pm

NOTE: Closing times are subject to weather and management discretion.
Kitchen orders to be placed 15 mins before closing time.

The Point Water Sports Club

BINGO NIGHT

Get ready for an exciting night filled with laughter,
prizes, and lucky numbers!

07 MAY 2026 | STARTS AT 18H00

MEMBERS: R120
NON MEMBERS: R160



#NO
NO ALCOHOL MAY BE SOLD TO
PERSONS UNDER THE AGE OF 18.
awa
www.ava

THE POINT WATERSPORTS CLUB

WINE SHOW

WINES AVAILABLE TO ORDER AT EXCELLENT PRICES- BRING YOUR FRIENDS ALONG!

Booking is essential. www.myclubaccount/pwsc

WEDNESDAY
18:00 - 20.30

MAY
20
2026

R125 PER PERSON
Includes all tasting & light snacks



THE
POINT
WATER SPORTS
CLUB



SUTHERLAND
VINEYARDS

SPIER
1692



THELEMA
MOUNTAIN VINEYARDS



BOSMAN
Family Vineyards



BON
COURAGE
ESTATE

KRONE



KLEINE ZALZE
STELLENBOSCH



GLEN
CARLOU

ORPHEUS & THE RAVEN
from THE VINOMERS



HER
Wine Collection

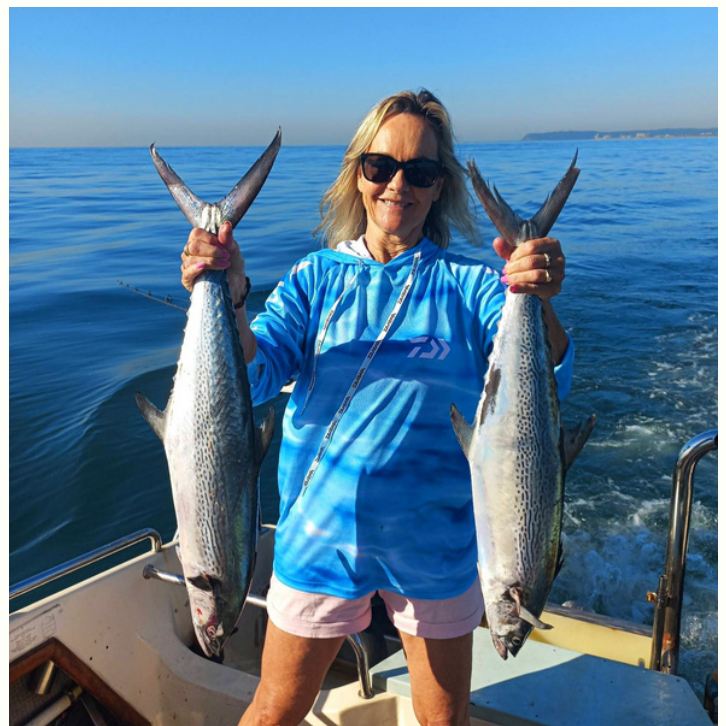
Durban Ski Boat Club



After the craziness of the Durban Couta Classic, it's great to see how easily our club manages to slip back into its quiet routine. Even with a few good weather days over the last week, the Couta seem to be taking a while to recover from our festival weekend, and while the Durban area has been a little quiet, there were some excellent catches made on both the North Coast and South Coast over the weekend.

We have a huge cutoff low system coming up from the Cape this week, which will bring some cooler weather and big seas with it over the later part of the week, and this should start bring the water temperatures down too, which in turn will help to turn the winter bottom fishing on. Already, many of the charter boats are having some early success with species like Daga, Geelbek, and some very decent reef species. The Natal Snoek have been around in decent numbers too, with sizes improving the further north you go.

Our Club Captain, **Mark Justham**, has been selected as Development Officer for the Natal Deep Sea Angling Association, which is more acknowledgement of his brilliant work with our junior competitive anglers, and we congratulate him on his new post and wish him all the best.



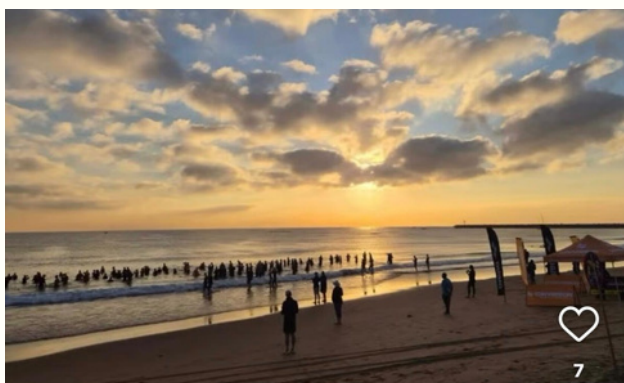
Durban Undersea Club

OPEN WATER SWIMMING

DUC open water swimmers recently co-hosted the Conversion Route recce race, and what a beautiful morning it was. Another successful event enjoyed by all who took part. Looking ahead, mark your calendars for the next League Swim on **30 May**. If you'd like to get involved or learn more about swimming with the club, contact **Steve** on 082 855 5516.

SCUBA DIVING

Conditions on No.1 this past weekend were not for the faint-hearted. "Massive surge even 30m down as well as current. Still miraculously got a few in-focus shots in spite of being thrown around," reports **Adrian Pearton** (@south_africa_underwater). Even on the tougher days, there's always something to be seen and stories to be shared.



FREEDIVING

While many of our freedivers have been adventuring further out in Sodwana Bay and Aliwal Shoal, our local courses are fully booked throughout May. This is a very special time of year to be in the ocean, with the much-anticipated arrival of the humpback whale migration and their unmistakable song echoing through the water. There is limited space available in June and July courses, so if you've been thinking about learning to freedive, now is the time. Image courtesy of DUC member **Marc Thoresson** (@marc_with.a.sea). For more information, contact **Angie** on 082 874 1706.



EDUCATION CORNER | WHY WHALES MIGRATE PAST DURBAN

Freediving offers far more than time underwater. It is a powerful tool for regulating the nervous system, which is why it resonates so strongly with high-performing individuals. Through controlled breathwork and exposure to elevated carbon dioxide levels, the body learns to shift out of a stress-driven state and into calm, focused control. This builds resilience under pressure, improves emotional regulation, and sharpens mental clarity. Many people also experience better sleep, reduced anxiety, and an increased ability to stay present in demanding environments. At its core, freediving teaches you how to remain calm when your body is asking you not to, and that skill carries into every aspect of life.